Student Wellbeing

Dear Parents,

Welcome back to a new, exciting school year at St Augustine’s. I would also like to extend an extra warm welcome to all the new parents joining our school community. At St Augustine’s it is our goal to ensure that all students are immersed in the best possible learning environment where they feel happy, safe, supported and valued by the whole school community.

This year in wellbeing we will be focusing on building positive relationships with ALL families as well as looking at ways to develop Social and Emotional Learning in our children. Each class will be focussing on a number of social skills over a term, incorporating, discussing and modelling these during class sessions.

We will also start working on the CASEA program this term in preparation for further Social and Emotional learning that will take place in Term Two which the whole school will be involved in!!! Stay tuned for upcoming information......

Once again, over the year I will be providing newsletter articles which will include parenting tips and ideas to help you raise happy, confident and resilient children. I will also include lots of other resources that you may find helpful!

If there are any areas you are interested in or would like some information on, please feel free to contact me or come in for a chat. We can work together to bring out the best in your child!

So let’s begin the year with an inspirational poster that you can print out and place on the fridge to remind us about the wonders and joy of being a parent. Happy reading

Ms Jodie

Student Wellbeing Co-ordinator
OnPsych @ St Augustine's

Psychology services for students and parents at St Augustine’s are provided by OnPsych. This confidential and independent service provides support with social, emotional and behavioural difficulties to make a positive difference to a child’s future.

It occurs at school and if a child qualifies under Medicare guidelines and is referred by a G.P Paediatrician or Psychiatrist, they can use the service at no cost.

If you feel your child would benefit from working with Stephanie our OnPsych Psychologist, talk to your child's teacher, Ms Jodie (Student WellBeing Leader) or asks for the forms at the front office.

For more information about OnPsych visit their website [www.onpsych.com.au](http://www.onpsych.com.au)