Avonde Calisthenics College
Principal - Jill Goss
One of Victoria’s top Championship Clubs
Location - Avondale Heights

For children from 3 years of age

Championship classes available in all Age Groups
- Tinies 7 years & under
- Sub Juniors 7 - 9 years
- Juniors 9 - 12 years
- Intermediates 12 - 16 years
- Seniors 16 years & over
Non competitive classes also available for Tinies Subbies & Juniors

Calisthenics is a combination of
- SINGING
- GYMNASTICS
- APPARATUS such as CLUBS & RODS
- CHARACTER DANCING
- GRACEFUL MOVEMENTS
- FIGURE MARCHING

For all inquiries contact
Jo Barton 0414 781 547
Jo Gould 0416 206 855
Jennifer Cooper 0402 222 139

OR visit our web Site at
www.avondecalisthenics.com.au

- Enhances your Child’s motor skills and co-ordination
- A team sport with team values
- Encourages positive social development

Celebrating 47 Wonderful Years

CALISTHENICS IS FUN & FITNESS